

Parent Aide Unit
Catherine's House
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18 December 2025

Tanya Todorovski
182 Horizon Drive
Westlake 4074

To Whom It May Concern,

This letter is to confirm that Tanya Todorovski is a Parent Aide volunteer with the Mater Parent Aide Unit and has been with the service since March 2024.

The Mater Parent Aide Unit is an early intervention, prevention service that utilises trained volunteers (Parent Aides), who are linked with a family facing challenges with a baby aged 0-2 years. Families referred to the unit may be experiencing social isolation, low parenting confidence, mild-moderate mental health issues and/or lack knowledge about child development.

Parent Aides offer emotional support, information, practical help, and encouragement in person (visiting the family in their home or in a community setting once a week for 2 hours) and by telephone or text on days they are not visiting as needed.

Guided and supervised by social work clinicians, Parent Aides provide tailored support to parents to help them meet their child's developmental needs- including building a strong, secure relationship with their child/ren. Parents are encouraged to recognise their own strengths and to develop a circle of support around their family, which will assist in supporting them into the future.

In her volunteer work as a Parent Aide, Tanya provides warm and compassionate support to vulnerable parents and their children. Tanya is a valuable member of the Parent Aide Unit team and engages regularly in volunteer meetings and events organised by the unit. Tanya demonstrates a range of skills in supporting families with her prior experience in early childhood education and drawing from her own parenting experiences. She prioritises her client families and employs flexibility, thoughtfulness and gentle nurturing for both child and mother.

If you require any further information, please contact me.

Kind Regards,

Sarah Kelly
Social Work Clinician
Parent Aide Unit
Mater Misericordiae Ltd